

BALLROOM BOOT CAMP:

BALLROOM BOOT CAMP: FOXTROT I
7PM -EVERY THURSDAY IN FEBRUARY
PAY BY FEBRUARY 2ND =\$40
PAY AS YOU GO = \$12 PER CLASS

**FOR ANYONE WHO WANTS MORE IN THEIR SOCIAL DANCING,
FROM BEGINNER TO SEASONED DANCER; JOIN STACEY AND RACHAEL
FOR AN IN DEPTH LOOK AT THE TECHNIQUE OF FOXTROT.
WE WILL BE BREAKING DOWN THE BASICS OF EACH DANCE INTO
ITS KEY TECHNIQUE COMPONENTS AND APPLYING THESE
TECHNIQUES IN BASIC DRILLS.**

BOOT CAMP WORKSHOP: RUMBA I
FEBRUARY 4TH, 11AM—1PM
AT THE DOOR: \$20, PRE-PAID: \$18

**A WORKSHOP WITH AN EMPHASIS ON PROPER FORM AND
TECHNIQUE FOR RUMBA. GAIN A NEW APPRECIATION FOR
THE DANCE, THE MOVES AND THE TECHNIQUE APPLIED TO THEM.**

BOOT CAMP WORKSHOP: WALTZ II
FEBRUARY 11TH, 11AM—1PM
AT THE DOOR: \$20, PRE-PAID: \$18

**IN WALTZ II, AARON AND RACHAEL WILL BUILD OFF OF OUR
WALTZ I BOOT CAMP SERIES FROM JANUARY
(*PARTICIPATION IN WALTZ I IS NOT REQUIRED*).
TECHNIQUE WILL BE REVIEWED AND APPLIED TO COMMON FIGURES.
FRAME AND CLOSE CONTACT DANCING WILL BE COVERED ALSO.**